

## Chakra Brandon

Chakra Brandon - The chakras are areas of metaphysical or biophysical energy inside the body system, this is according to Hindu custom. 7 vital chakras are inside the body, but many believe that there are also lesser chakras situated inside the body. Some modern day believers have drawn parallels between the major organs of the endocrine system plus the chakra system.

A collection of lotus flowers ascending the spine to the crown of the head characterize the 7 major chakras. Every chakra has a component, and an associated colour plus source of energy and every lotus has a specific number of petals. As the chakras advance from the bottom to the highest, they govern increasingly spiritual functions. As an individual gets extra spiritually conscious, they become in contact with the upper chakras one by one. The lowest chakra connects with essentially the most basic physical concerns, while the highest represents enlightenment.

The Root Chakra is claimed to be located at the foot of the spinal column. It's considered to symbolize fundamental instincts, survival and emotions of security. The root chakra is associated with the component of earth and the colour red. It's seen as a 4 petal lotus.

The Sacral Chakra is claimed to reside inside the pelvis or the groin. It is associated to emotions, sexual energy and creativeness. This chakra is associated with the element water and the colour orange and is represented by a six petal lotus flower.

In the area where the thorax and the abdomen meet is positioned the Solar Plexus chakra. It governs absorption, mental function and energy. The solar plexus chakra colour is yellow and its' component is fire. It is represented by a ten petal lotus.

The Heart Chakra is alleged to govern compassion and love and is related to the chest region incorporating the lungs. The heart chakra is said to the colour green and the component of air. Its lotus has 12 petals.

The Throat Chakra is related to self-expression, progress and interaction. It's delineated by a sixteen petal lotus and is associated with the element of sound or existence and the colour blue.

Another name for the Brow Chakra is the third eye. It governs perception and instinct and it represented by a 2 petal lotus. Its colour is indigo and it is related to the element of light or time.

The Crown Chakra is considered to signify the pinnacle of spiritual consciousness or to be the link to the divine. Symbolized as a violet or white lotus with a thousand petals, its associated element is space or inspiration.