

## Microdermabrasion Brandon

Microdermabrasion Brandon - The condition of Dermatitis Herpetiformis is a chronic skin condition characterized by blisters filled with a watery fluid. It is also known as DH or Duhring's Disease. The name implies the meaning in that it is a skin disease that has the particular appearance similar to herpes, however, the condition is not related to or caused by the herpes virus. DH was first described by Dr. Louis Duhring in 1884, therefore the name. In the year 1867, a correlation between gluten intolerance or celiac disease and DH was recognized. In the majority of cases, the age of onset is usually 15 to 40 years, although, DH could also have an effect on the elderly as well as children. Women and men are equally affected. The prevalence of DH varies from 1 in 400 to 1 in 10,000.

### Signs

Dermatitis Herpetiformis has a characteristic rash that contains chronic papulovesicular eruptions, that are intensely itchy. This particular type of rash is typically distributed symmetrically on extensor surfaces like for instance the back of neck, elbows, knees, back and the buttocks. The blisters can vary from being up to 1 cm across to extremely small. As this particular condition is extremely itchy, the desire to scratch could be overwhelming. This could cause the person to actually scratch blisters off before they are able to be examined by a medical doctor. Intense burning sensations or intense itching are sometimes felt prior to blisters appearing in a specific place.

If not treated, the severity of DH can significantly vary over time. Usually, the symptoms initially appear in the early years of adulthood, usually between 20 and 30 years old. The first obvious indications are the small papules or vesicles which resemble bumps or blisters. The first signs are intensive burning and itching. Generally, the very first blisters appear on the shoulders, on the lower end of the spinal column, along the hairline and at times within the mouth. Rarely, does the rash happen on several mucous membranes other than the mouth or the lips. If gluten ingestion is avoided and the right treatment is provided, the symptoms normally disappear. In various cases, taking oral contraceptives could worsen the signs.

The indications of DH tend to come and go, in short periods of time, yet are always chronic. These symptoms could be accompanied by tiredness and abdominal pain and other indications of celiac disease.

The rash which is caused by DH forms and disappears in 3 stages. Firstly, the person can see a slight discoloration of the skin where the lesions appear. After that, the skin lesions transform into noticeable vesicles and papules which are likely to occur in groups. The healing stage of the lesions is the final stage of development. Often this set of indications is characterized by a skin color change. This might result in parts of the skin turning darker or lighter than the color of the skin elsewhere on the body. Due to the intense itching, people normally scratch which can result in the formation of crusts.