

## RMT Brandon

RMT Brandon - Aura Cleansing - Cleansing the auric field could be carried out by means of the healers hands or by utilizing crystals. The point is to get rid of blockages or energy or dark energies inside the auric field. The healer after that infuses the aura with light, rebalances and reshapes it and lastly energizes it with positive energy.

BioGenesis - BioGenesis is a technique using colored glass wheels so as to transfer and harness the energy of creation itself into your energy body. Normally, a BioGenesis energy healer would frequently have you lie on a table and get into a condition of deep relaxation. He or she places the small glass wheels on different areas of your physical body in order to anchor the light of creation in your energy body.

Chakra Healing - Chakra healing goes deep to the core of your energy body and clears out blockages. It opens the channel that connects your seven chakra centers. This energy healing is accomplished in various methods and is can be effectively combined together with Emotional Freedom technique tapping and Rapid Eye Movement therapy.

Crystal Healing - Crystal healing practitioners utilize different semi-precious and precious crystals and stones to help heal and balance your energy body and physical body. By combining the vibration frequency of different colored stones along with the vibratory frequency of crystal energy helps regulate your energy field to a higher level.

Matrix Energetics - This form of energy healing was discovered by a Chiropractor named Dr. Richard Bartlett. He designed Matrix Energetics to establish the idea of going beyond the whole concept of a healing problem to source what he calls a solution set. The techniques depend on active imagination, gentle touch, the two point system archetype, even time travel as well as a set of 21 healing frequencies.

Qigong - Meaning "energy cultivation", Qigong is a set of practices focusing on breathing methods. In the Qigong method, there are four various types of techniques.: the focused visualization, active movement, static hold of certain postures and making use of certain tools such as body manipulations and herbs. These methods are used to support and rebalance a healthy energy system.

Reiki - Japanese Buddhist Mikao Usui first "discovered" or received - Reiki in the year 1922. Energy healers have to go through a system of three degree levels. Every level works directly with the energy body. In Reiki, there are a series of set hand patterns over particular parts of the body. Usually, in Reiki there is no physical contact involved although, various Reiki practitioners could use some light touch over areas.

Shamanic Healing - Shamanic energy healers utilize spirit allies to be able to assist their healing powers for others. usually, a Shamanic healing starts by taking a "visualization journey" whereas the Shaman rapidly beats a drum. In the end, the Shaman and the client are in a trance like condition. When they have both relaxed into the trance state, the Shaman who is typically lying or sitting beside the client, would come across angels, spiritual helpers, animal totems or the client's higher self so as to find the problem within the energy field and source the energy tools required to be able to heal the problem.