

## Brandon Massage Therapy

Brandon Massage Therapy - Visceral manipulation is actually a manual treatment which works through the internal visceral organs within the body such as the stomach, heart, intestines, and liver, and all that. After the first assessment of the body has been done, the practitioner's hands are softly positioned on those organs that are not moving with the rhythm of the body which can be causing physiological issues. The purpose of this particular treatment is to have normal motility and mobility, natural tissue motion of the viscera and tone. Our bodies require normal movement in order to be fit and function accurately. When tissues become infected or even inflamed, they are known to lose normal movement.

Mobility is actually defined as the pulling and pushing of nearby tissue. Visceral organs move in reaction to different external forces that may be either voluntary or involuntary. The functional impairment of the organ implies limitation.

Motility is defined as the organ's active, intrinsic movement and could likewise be the kinetic expression of tissues in motion. Embryologic axes and directions of all these movements are inscribed within the visceral tissues and occur all-around a point of balance and moves away and toward the median axis of the body. This is actually known as expir and inspir, and cycles between 7 and 8 cycles for every 1 minute. The goal of improving organ function and restoring a much better physiological motion is acquired by way of making use of specific techniques to treat parts of altered or lessened movement.