

## EMS Brandon

EMS Brandon - The process of joining a cold compress and a hot compress with EMS or likewise called electrical muscle stimulation is a therapy known as Constitutional Hydrotherapy. This therapy stimulates the immune system allowing the patient to be able to reposition from a dominant sympathetic state to a much more relaxed parasympathetic state, which helps to stimulate the bodies healing process. The electrical muscle stimulation causes muscular contractions in order to boost lymph and venous blood circulation.

Likewise utilized as a complimentary treatment, Constitutional Hydrotherapy could work for various physical conditions like irritable bowel syndrome, asthma, premenstrual syndrome or pms, respiratory infections plus some other physical conditions that help to support the immune system. Patients can require as many as ten treatments to notice actual benefits.